



The Weekly Headlines

- ALL ROADS LEAD TO STRATEGY PLANNING REVIEW WORKSHOP
- FIVE YOUNG HWANGE FOOTBALLERS MAKE THE GRADE AT ACADEMY TRIALS
- MEDICAL TIPS ON BREAST FEEDING
- CONDOLENCES TO MR RAY MUNANGWA

HWANGE COLLIERY COMPANY LIMITED

"The Power behind Industry."

Our Vision: To be number 1 in coal mining and production of coal related products at the least cost in the region



ALL ROADS LEAD TO STRATEGIC PLAN REVIEW WORKSHOP TODAY!



It is not a secret that the turnaround momentum for Hwange Colliery Company Limited is now a gear up. All roads this week lead to the Strategic Review Workshop at the main training centre where board, management as well as other key critical staff within the organisation converge today in the quest to chart the way, fine tune the roadmap and ensure a strong finish to the year 2017.

The workshop follows hot on the heels of the successful completion of Gijima Rapid Results 100 Day Project first phase at the end of August.

The promising onset of the just commenced Gijima Phase 2 has since

roared to life, the workshop will also offer the current phase helpful insights.

Among other issues to be discussed at the Strategic Plan Review workshop include the 2017 and 5 year plans.

Other points of discussions will detail reports about percentage progress and variance analysis compared to budgets; areas of success; areas of improvement; areas

where the strategic plan needs adjustment, reasons and suggested intents and actions; forecast for the end year 2017, strategic premium and threats to plans and needed guarantees for success of the coal mining giant's plans.

In this year, positive success milestones recorded by the Colliery as the workshop gets underway include the Scheme Of Arrangement, employee mindset shift, Project Gijima, increased production volumes, positive brand perception, marked improvements in salary payments, cost cutting measures, and accelerated resuscitation of Underground Mine operations just to name but a few.



Five Hwange young footballers make the grade at academy trials



Hwange town and indeed Matabeleland North province as a whole has once again proved that it is a rich football hub with lots of untapped young football talent after five young stars made the grade to join Harare based Academy 2063.

The academy representatives were in town at the end of August to conduct trials.

In an interview, *Weekly Mwale* who was selected as the Mat North coach at the two day programme confirmed that young footballers from the town shone like beacons during the trials locally and in Harare during the second part of the screening process.

“We had a total of 105 youngsters drawn from Hwange, Dete, Binga, Kamativi, Vic Falls and Jambezi who came for the trials hosted by Academy 2063 from the capital. The targeted age groups were Grade 5 to Form 3.

From the 20 kids selected we shortlisted eight kids (six from Hwange) and (two from Vic Falls) but after the national process in Harare we came up with the five kids from Hwange who are going to be enrolled at Prince Edward High and Selbourne Park Primary School who are in partnership with those two schools,” said Mwale.

The five who will now get exposure to some international institutions after this breakthrough are: Hamilton Gomba (Form 1 at Marist Bothers Sec School); Claivert Chuma (Grade 7 at Mabinga Primary School); Prince Munsaka (Form 3 at Hwange High School); Frank Lungu (Grade 6 at Thomas Coulter Primary School) and Derick Ndlovu at Hwange High School.

Gomba is a son to former Hwange midfielder Carrington Gomba while Chuma is a young brother to Hwange FC teenage sensation Rivaldo Chuma who started featuring for the senior team at the beginning of this season.

“We have abundance of talent in this part of the country and I am saying that we need to have resources and also experienced football persons to nurture these youngsters. I am also in the process of working with a number of stakeholders around so that going forward, we identify a boarding school in the province to establish a satellite centre for youngsters to come for extensive football training.” added Mwale.

According to Mwale, the parents and guardians of the selected young footballers will travel to Harare in December to the two schools to sign contracts on behalf of their children.

Last month, another talented Hwange born footballer Nyasha Dube, son to former Hwange player and coach Nation Dube also put the town on the map after he got a scholarship in United States at North Eastern University courtesy of Payne Global Sports Management.



BREASTFEEDING TIPS!

The manner in which the baby is attached at the breast will determine how successful breast feeding will be. In normal Breast feeding, there are two elements necessary for getting milk from the breast to the baby, which are:-

- A breast that produces and releases milk
- A baby who is able to remove the milk from the breast with effective suckling.
- For a mother to produce the milk that her baby needs, the baby must suckle in the right way.
- A baby cannot get milk by suckling only on the nipple.

Signs of Good Attachment

- Chin touching breast
- Mouth wide open
- Lower lip turned outwards
- Areola; more visible above than below the mouth

Signs for a Baby Who is Correctly Attached to the Breast and is Suckling Well

- Slow, deep sucks and swallowing sounds
- Cheeks full and not drawn in
- Baby feels calm
- Baby finishes feed by him/herself and is satisfied
- Mother feels no pain

Signs of Poor Attachment

- Chin away from the breast
- Mouth not wide open
- Lower lip pointing forward, or turned in.
- Areola; more visible below than above the mouth

Signs for a Baby Who is not Correctly Attached to the Breast and is not Suckling Well

- Rapid, shallow sucks and smacking or dicking sounds
- Cheeks drawn in
- Baby feeds very frequently, for a very long time, but does not release breast and seems unsatisfied
- Mother feels pain

Positions for Good Breast Feeding

There are many positions that a mother may use, for example:

Sitting on the floor or ground, or sitting on a chair, lying down, standing up or walking. If the mother is sitting, or lying down, she should be:-

- Comfortable, with back supported
- Feet supported if sitting so that the legs are not hanging loose or uncomfortable
- Breast Supported, if needed





What's up this week?

- ◆ Don Bosco Project Overall Plan Launch - Today
- ◆ Hwange FC travels to Mandava stadium for the Chibuku Super Cup playoffs against Yadah FC
- ◆ Ladies High Tea at Baobab Hotel hosted by Celebration Church Hwange -Today



My message to the HCCL family— "Get going. Move forward. Aim High. Plan a take off. Don't just sit on the runway and hope someone will come along and push the airplane. It simply wont happen. Change your attitude and gain some altitude, believe you me, you'll love it up there. "

Veronica Shoniwa— PA to Mine Planning Manager will be turning 35 tomorrow, we would like to wish her happy and "planned" birthday.

The HCCL family would like to remind you of the carpenter's rule when assisting planning for the company, "**measure twice and cut once**"

CONDOLENCES

Our deepest sympathies go out to Mr Ray Munangwa, Executive Services and his family on the loss of their aunt. May God give you the comfort and peace that you seek and may the soul of your loved one rest in peace.

THE TEAM

Rugare Dhobbie

Burzil Dube

Lindani Dube

Tobias Mandoreba

Ketiwe Ndlovu

Blessing Ncube

Tichavona Mfandaidza



WWW.HWANGECOLLIERY.NET

For information and suggestions

Please email: corporateaffairs@hwangecolliery.co.zw

If you have any issues regarding unfair practice, trade or abuse at Hwange Colliery by any of our employees call our whistle blowing number on

+263 281 23052